

bamford

WELLNESS

SPA

TREATMENT LIST

SIGNATURE EXPERIENCES

B-SILENT MASSAGE TREATMENT	90mins	£200
BAMFORD BODY SIGNATURE TREATMENT	90mins	£200

MASSAGES

COUPLE'S MASSAGE	60/90mins	£290/£370
REFLEXOLOGY MASSAGE	60mins	£160
HOT STONE MASSAGE	60/90mins	£160/£200
BAMFORD DEEP TISSUE MASSAGE	60/90mins	£160/£200
BAMFORD DE-STRESS MASSAGE	60/90mins	£160/£200
PREGNANCY MASSAGE	60mins	£160
BAMFORD BACK, NECK & SHOULDER MASSAGE	30mins	£85
BAMFORD JADE HOT & COLD STONE TREATMENT	75mins	£190
RECOVER TREATMENT FOR MEN	60mins	£160

EXFOLIATIONS

BAMFORD FULL BODY EXFOLIATION	45mins	£95
BAMFORD ROSE UPPER BODY & FACIAL TREATMENT	60mins	£160

BODY WRAPS

SEAWEED BODY WRAP	75mins	£190
GREEN TEA HERBAL BODY WRAP	75mins	£190

THE FACE

BAMFORD ORGANIC AWAKEN RESURFACING FACIAL	60/90mins	£160/£200
BAMFORD ORGANIC RESTORE REJUVENATING FACIAL	60/90mins	£160/£200
BAMFORD ORGANIC PURITY DETOXIFYING FACIAL	60/90mins	£160/£200
111 SKIN SIGNATURE HARLEY STREET FACIAL	60mins	£180
111 SKIN CELESTIAL BLACK DIAMOND NON-SURGICAL LIFT FACIAL	90mins	£250
111 SKIN CRYO DEPUFFING FACIAL WITH CRYO GLOBES	60mins	£180
LED MASK	15mins	£25
iS CLINICAL FIRE & ICE FACIAL	60mins	£180
iS CLINICAL FOAMING ENZYME FACIAL	60mins	£180

HANDS AND FEET

MANICURES

MINI MANICURE	25mins	£35
THE BERKELEY SUPREME MANICURE	55mins	£65
SHELLAC NAILS MANICURE	55mins	£75
SHELLAC REMOVAL	15mins	£15

PEDICURES

MINI PEDICURE	25mins	£35
THE BERKELEY SUPREME PEDICURE	55mins	£65
SHELLAC PEDICURE	55mins	£75

PACKAGES

BAMFORD RENEWAL

£330

Full body Bamford scrub	45mins
Bamford massage of your choice	60mins
Bamford facial of your choice	60mins
Spa smoothie of your choice	

GET UP AND GLOW

£280

111 Skin Harley Street signature facial	60mins
Hot stone massage	60mins
Spa smoothie of your choice	

BAMFORD MOTHER TO BE DAY

£260

Pregnancy massage	60mins
Facial	60mins

AFTERNOON INDULGENCE

£230

Spa treatment of your choice	60mins
Prêt-à-Portea at the Collins Room	
Additional glass of Laurent-Perrier	£10

PERFECTLY POLISHED

£120

Your choice of a supreme or shellac manicure & pedicure with a glass of Laurent-Perrier	100mins
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FINISHING TOUCHES

EYEBROW SHAPE	25mins	£25
EYEBROW TINT	25mins	£25
EYELASH TINT	25mins	£25
EYELASH & EYEBROW TINT	45mins	£35

A patch test is required before any tinting treatments.

ACTIVE

The Berkeley Gym is located on the ground floor. Running maps of nearby Hyde Park are available at the concierge desk.

PERSONAL TRAINING

Bespoke workouts and one to one training sessions are available to book at The Berkeley Spa. Fuse elements of Crossfit, HIIT, movement, boxing, balance and posture correction together to create a bespoke workout with our in-house personal trainer.

One- to-one personal training, yoga and pilates sessions are all available for £150 per person for 60 minutes

SPA OPENING HOURS	9am-9pm
Monday to Sunday	

CANCELLATION POLICY

Please be advised that we have a 24 hour cancellation policy. Should you need to cancel or change your spa reservation full charge of the treatment will be taken should you fail to cancel your reservation. Packages and exclusive offers have a 48 hour cancellation policy.

THE BERKELEY

HEALTH CLUB AND SPA

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